Carrie L. Wyland

Psychology Department
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Academic Appointments

Tulane University

Associate Chair, Psychology	July 2024 – present
Director of Undergraduate Studies, Psychology	July 2023-present
Senior Professor of Practice	June 2012 - present
Professor of Practice	August 2006 – June 2012

University of New South Wales (Sydney)

Post-doctoral fellow	August 2004 – July 2006

Education

Dartmouth College September 1999 – June 2004
Ph.D., Psychology

Case Western Reserve University
B.A., *magna cum laude*, Psychology and English August 1995 – May 1999

Research Interests

Research on learning outcomes in psychology (SoTL)
Role of positive psychology interventions on well-being
Influences on perspective taking and emotion perception
The role of the self in information processing

Teaching

Courses taught
Experimental Psychology, 2006-present.
Introduction to Social Psychology, 2008-present
Positive Psychology (Honors), 2014-present
Exploring Psychology (TSSP Summer course), 2014-present
Psychology of Social Media (Honors Freshman Colloquium) 2016-2019, 2025
Psychology in the Movies (Tulane Interdisciplinary Seminar), 2009-2012
Introductory Psychology (Honors), 2007-2011
The Self (Honors) 2007-2011
Intergroup relations and Culture: From Nola to Sydney & Internship in Psychology 2009 – 2011
Healthy consumers, healthy choices: An advanced Seminar in Social Psychology 2010-2011
Moral Psychology, 2011

Undergraduate Research Mentoring

Honors theses students:
Kate Black (2008), Jeremy Eberle (2008), Megan Newhouse (2008), Spencer Marr (2009), Kristie Vail (2009), Lauren Peterson (2010), Adam Deming (2010), Stephany Molina (2011), Megan McCartney (2012), Ayesha Sujan (2012), Paula Lopez-Gamundi (2012), Sofia-Jeanne Roggeveen (2013), Marcy Cohen (2015), Abrania Marrero (2018), Eliza Gross (2022), Amanda Schaller (2023), Leila Warner (2025), Emma Menard (Dec 2026), Fiona Godes (May 2027)

Honors thesis, second reader:
I have been a second reader on 36 honors theses in psychology, averaging 2-3 students per year.

Honors thesis, third reader:
I have been a third reader on 13 honors theses in areas outside of psychology (including Cellular and Molecular Biology, Sociology, Business, Theater, and English), averaging about one student per year.

Dissertation committees served on: Devon Wallace (2007), Alison Blodorn (2013), Sally Merritt (2020), Danica Kulibert (2023)

Masters' thesis committees served on: Justin Kordys (2010), Amanda Borja (2012), Christopher Burchett (2012), Lauren Peterson (2012), Trenesha Hill (2013), Meagan Magaldi (2017), Maya Cohen (2020), Caley Lowe (Dec 2023)

Awards received by undergraduates that I supervised:
The awards listed are specifically related to the work the student has done as part of my lab and under my direct supervision.

- Jeremy Eberle, Lurcy Grant, 2007 - Research Grant to facilitate honor thesis research
- Sarah Javier, Newcomb Travel Grant, 2010 – Travel Grant for presentation at SPSP
- Lauren Peterson, Senior Scholar in Psychology, 2010
- Stephany Molina, Hartman Award in Psychology, 2011
- Ayesha Sujan, Anne M. McPherson Award, 2012
- Sofia-Jeanne Roggeveen, Newcomb Travel Grant, 2013 – Travel Grant for presentation at SPSP
- Sofia-Jeanne Roggeveen, Aaron Hartman Award in Psychology, 2013
- Marcy Cohen, Anne M. McPherson Award, 2014
- Marcy Cohen Newcomb Travel Grant, 2015 – Travel Grant for presentation at SPSP
- Abrania Marrero, Newcomb Travel Grant, 2018 - Travel Grant for presentation at SPSP
- Abrania Marrero, Senior Scholar, 2018
- Eliza Gross, Aaron Hartman Award in Psychology, 2022
- Leila Warner, McPherson Travel award, 2024 (for spring travel 2025)

Leadership Roles and Experience

Associate Chair of Psychology (2024-present)

Director of Undergraduate Studies in Psychology (2023-present)

Faculty in Residence (2014-2020)

Fellowships and Faculty Lead Positions: *Scholar Society Faculty Lead* (2021-present), *Wall Faculty Fellow* (2010-2012), *Weatherhead Faculty Fellow* (2011-2014), and *Scholar Society Faculty Lead* (2021-present).

Task Force and Committees: *Undergraduate Studies Committee* (2013-present, current Chair) *Psychology EDI Committee* (2021-2023, 2022-2023 as Chair), *University Senate* (2022-present), *Society of Teaching of Psychology Taskforce on Faculty Wellbeing*, 2026, *Honors Thesis Task Force* (2021-2022), *Committee on the Impact of Covid on Faculty Experiences* (2020-2021), *TIDES Advisory Committee* (2016-2017), *CELT Advisory Board* (2014-2018), *CELT Faculty Advisory Committee* (2014-2016), *SSE PoP Advisory Committee* (2016-2021)

Awards and Fellowships

CELT Certificate of Recognition, 2026
Suzanne and Stephen Weiss Presidential Fellows Award, 2024
Tulane School of Science and Engineering Teaching Award, 2022
CELT Classroom Enhancement Grant, Spring 2022
CELT Travel funding for Teaching Professors Conference, Summer 2018
CELT Classroom Enhancement Grant, Spring 2014
Newcomb Fellow Summer Research Grant Summer/Fall 2007
Travel Fellowship for HealthEmotions Symposium, Madison-Wisconsin, 2002
Travel Fellowship for Social Cognitive Neuroscience Conference, UCLA, 2001
Marie A. Center 1982 Graduate Award for Excellence in Teaching, 2001

Publications

Simon, S., Soileux, M. A., & **Wyland, C. L**., & O'Brien, L. T. (2022). Does he see what she sees? The gender gap in perceptions of institutional sexism. *The Journal of Social Psychology.*

Wyland, C.L. & Shaffer, E. (2019). Assessing self-esteem, in M.W. Gallagher & S.J. Lopez (Eds.) *Positive psychology assessment: A handbook of models and measures, 2nd edition.* Washington DC: American Psychological Association.

Wyland, C.L. & Forgas, J.P. (2010). Here's looking at you kid: Mood effects on processing eye gaze as a heuristic cue. *Social Cognition, 28, 133-144.*

Winton, L., Zadro, L., Richardson, R., **Wyland, C. L**., Oaten, M., & Jones, A. (2008). There's no aphrodisiac like loneliness: the effects of ostracism on romantic affiliation. *Australian Journal of Psychology*, 64-64.

Mitchell, J.P., Heatherton, T.F., Kelley, W.M., **Wyland, C.L.,** Wegner, D.M., & Macrae, C.N. (2007). Separating sustained from transient aspects of cognitive control during thought suppression. *Psychological Science, 18,* 292-297.

Wyland, C.L. & Forgas, J.P. (2007). On bad mood and white bears: The effects of mood state on ability to suppress unwanted thoughts. *Cognition and Emotion, 21*, 1513-1524.

Heatherton, T.F., **Wyland, C.L.,** Macrae, C.N., Demos, K.E., Denny, B.T., & Kelley, W.M. (2006). Medial prefrontal activity differentiates self from close others. *Social Cognitive and Affective Neuroscience, 1,* 18-25.

Forgas, J.P., **Wyland, C.L.,** & Laham, S.M. (2006). Hearts and Minds: An Introduction to the Role of Affect in Social Cognition and Behavior. In Forgas, J.P. (Ed.) Affect in Social Thinking and Behavior. (pp. 3-18). New York, NY: Psychology Press.

Moran J.M., Macrae C.N., Heatherton T.F., **Wyland C.L.** & Kelley W.M. (2006). Neuroanatomical evidence for distinct cognitive and affective components of the self. *Journal of Cognitive Neuroscience, 18,* 1586-1594.

Forgas, J.P. & **Wyland, C.L.** (2005). Affective intelligence: Understanding the role of affect in everyday social behaviour. In J. Ciarrochi, J.P. Forgas & J.D. Mayer (Eds.).Emotional intelligence in everyday life. (pp. 77-99). New York, NY: Psychology Press.

Banfield, J., **Wyland C.L.,** Macrae, C.N., & Heatherton, T.F. (2004). The cognitive neuroscience of self-regulation. In R.F. Baumeister & K.D. Vohs, (Eds.) *Handbook of self-regulation: Research, theory, and applications.* New York: Guilford Press.

Richeson, J.A., Baird, A.A., Gordon, H.L., Heatherton, T.F. **Wyland, C.L**. Trawalter, S. & Shelton, J.N. (2003). An fMRI investigation of the impact of interracial contact on executive function. *Nature Neuroscience, 6*(12), 1323-1328.

Wyland, C.L., Kelley, W.M., Macrae, C.N., Gordon, H.L, & Heatherton, T.F. (2003). The neural correlates of thought suppression. *Neuropsychologia, 41*(14), 1863-1867.

Heatherton, T.F. & **Wyland, C.L.** (2003). Why do people have self-esteem? *Psychological Inquiry, 14*(1), 38-41

Heatherton, T. F. & **Wyland, C.L.** (2003) Assessing self-esteem. In S. J. Lopez & C. R. Synder (Eds.) *Positive Psychology Assessment.* Washington DC: American Psychological Association.

Kelley, W.M., Macrae, C.N., **Wyland, C.L.**, Caglar, S., Inati, S., and Heatherton, T.F. (2002). Finding the self: An event-related fMRI Study. *Journal of Cognitive Neuroscience, 14(*5), 785-794.

Conference Presentations and Invited Talks

Wyland, C.L. (2025). Use of TikTok to deepen student critical thinking." 48th Annual Institute on the Teaching of Psychology, Clear Point, AL, Jan 3-6.

Wyland, C.L. (2005). "Low self-esteem and biases in the perception of threat." 34th Annual Conference of the Society for Australasian Social Psychologists, Townsville, Queensland, Australia, April 7-10.

Wyland, C.L. (2005). "Self-esteem and biases in processing threat information." Invited colloquium, University of New South Wales, March 2005.

Poster Presentations

*Warner, L. & **Wyland, C.L.** (2025). "The effect of self-efficacy and imagery on climate anxiety." 71st Annual Meeting of the Southeastern Psychology Association, Atlanta, GA, April 9-11.

Wyland, C.L., *Pilgeram, N., & *Marrero, A. (2018). "The effects of ego depletion on two forms of perspective taking" Annual Meeting of the Society of Personality and Social Psychology, Atlanta, GA, March 1-3.

*Cohen, M., Roggeveen, S.J., & **Wyland, C.L.** (2015). "The effect of failure on perspective-taking as moderated by self-esteem." 16th Annual Meeting of the Society of Personality and Social Psychology, Long Beach, CA, Feb 26-28.

Wyland, C.L., *McCartney, M., *Sujan, A., & *Roggeveen, S.J. (2013). "The relationship between use of Facebook, narcissism, empathy, and perspective-taking." 14th Annual Meeting of the Society of Personality and Social Psychology, New Orleans, LA, Jan 17-19.

*Sujan, A. & **Wyland, C.L.** (2013). "Being correct or being creative: The effect of feedback and task type on measures of well-being and motivation." Annual Meeting of the Society of Personality and Social Psychology, New Orleans, LA, Jan 17-19.

*Molina, S. & **Wyland, C.L.** (2012). "The effects of perspective taking on the ability to successfully control unwanted thoughts." 13th Annual Meeting of the Society of Personality and Social Psychology, San Diego, CA, Jan 26-28.

*Peterson, L. & **Wyland, C.L.** (2011) "The effects of ego depletion on perspective-taking." 12th Annual Meeting of the Society of Personality and Social Psychology, San Antonio, TX, Jan 27-29.

*Vail, K., **Wyland, C.L.,** & *Javier, S. (2010) "The impact of self-esteem and ego threat on perspective taking." 11th Annual Meeting of the Society of Personality and Social Psychology, Las Vegas, NV, Jan 28-30.

Wyland, C.L. & *Eberle, J. (2009) "Knowing one's future self: Self-awareness and affective forecasting." 10th Annual Meeting of the Society of Personality and Social Psychology, Tampa, FL, Feb. 5-7.

Wyland, C.L., Forgas, J., & Chan, N. (2006) "On bad mood and white bears: The effects of mood state on the ability to suppress unwanted thoughts." 7th Annual Meeting of the Society of Personality and Social Psychology, Palm Springs, CA, Jan. 26-28.

Wyland, C.L., Walling, B.R., & Heatherton, T.H. (2004) "The cognitive influences of failure on self-evaluation and memory." 5th Annual Meeting of the Society of Personality and Social Psychology, Austin, TX, Jan. 30-31.

Wyland, C.L., Kelley, W.M., Macrae, C.N., & Heatherton, T.F. (2003) "Is your best friend more like you or the president?" American Psychological Society, Social Cognitive Neuroscience Special Section, Atlanta, GA, May 29-June 1.

Wyland, C.L., Kelley, W.M., Macrae, C.N., & Heatherton, T.F. (2003) "Is your best friend more like you or the president?" 10th Annual Meeting of the Cognitive Neuroscience Society, New York, April 1-3.

Wyland, C.L., Heatherton, T., & Blowe, S. (2003) "Self-esteem and the self referential effect in memory" 4th Annual Meeting of the Society of Personality and Social Psychology, Los Angeles, CA, Feb. 6-8.

Wyland, C.L., Heatherton, T.F. & Gordon, H.L (2002) "Directed not-thinking: Neural correlates of thought suppression." 3rd Annual Conference of the Society for Personality and Social Psychology, Savannah, GA, Jan 31-Feb 3.

Wyland, C.L. & Heatherton, T.F. (2001). "Self-regulation and the central executive." 2nd Annual Conference of the Society for Personality and Social Psychology, San Antonio, TX, February 1-3.

**Denotes undergraduates that I supervised.*

Professional Memberships and Committees

Society for Personality and Social Psychology
Society for the Teaching of Psychology
Society of the Teaching of Psychology Taskforce for Faculty Wellbeing

Service

Departmental

Associate Chair, psychology, 2024-present
Undergraduate Studies Committee, 2013-2022, 2023-present; Chair & Director (present)
Search Committee (departmental chair position), 2025-2026
Equity, Diversity, and Inclusion Committee, 2021-2023; Chair (2022-2023)
Chair of the Awards Committee, 2015-2021
Colloquium Committee, 2009-2013; 2018
Technology Committee, 2008- 2011
Major Advising for approximately 45 students per year
Write letters of recommendation for 25-35 students per year

University

SSE Undergraduate Education Leadership Committee 2026-present
SSE Major Advising Committee 2024-present
CELT Faculty Fellow 2024-present
University Senate 2022-present
First Year Scholar Society Faculty Lead 2021-present
Honors Thesis Task Force 2021-2022
Committee on the Impact of Covid on Faculty Experiences 2020-2021
First-Year Faculty Fellow, 2020-2021
Newcomb Alumni Associate Awards Committee, 2020-2021
Faculty in Residence Wall Residential Hall 2014-2020
SSE PoP Advisory Committee 2016-2021
CELT Advisory Board 2014-2018
TIDES Advisory Committee 2016-2017
CELT Faculty Advisory Committee 2014-2016
Newcomb Faculty Fellow (Newcomb College Institute), 2007-present
Girls in Stem at Tulane (GiST) – workshop coordinator 2012-2014
Wall Faculty Fellow, 2010-2012
Weatherhead Faculty Fellow, 2011-2014