

Carrie L. Wyland

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Academic Appointments

Tulane University

Associate Chair, Psychology	July 2024 - present
Senior Professor of Practice	June 2012 - present
Professor of Practice	August 2006 – June 2012

University of New South Wales (Sydney)

Post-doctoral fellow	August 2004 – July 2006
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Education

Dartmouth College

September 1999 – June 2004

Ph.D., Psychology

Case Western Reserve University

B.A., <i>magna cum laude</i> , Psychology and English	August 1995 – May 1999
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Research Interests

Research on learning outcomes in psychology (SoTL)
Role of positive psychology interventions on well-being
Influences on perspective taking and emotion perception
The role of the self in information processing

Teaching

Courses taught

Experimental Psychology, 2006-present.

Major-required laboratory course in which students are required to conduct research projects and develop a hypothesis, operationalize variables, collect and analyze data, and complete a research paper and presentation.

Introduction to Social Psychology, 2008-present

Lecture course exposing students to the major concepts and theory in social psychology, with an emphasis on critical thinking and application to the real world.

Positive Psychology (Honors), 2014-present

Honors seminar focused on understanding and applying current research in positive psychology to real world experiences with an emphasis on critical thinking, communication, and application.

Exploring Psychology (TSSP Summer course), 2014-present

A 3-credit intensive summer course for high-achieving high school students (transfers as Introductory Psychology). The course includes a hands-on laboratory of psychological demonstrations.

Psychology of Social Media (Honors Freshman Colloquium) 2016-2019, 2025

First-year honors colloquium in which we read and discuss empirical articles addressing the role of social media in psychological processes.

Psychology in the Movies (Tulane Interdisciplinary Seminar), 2009-2012

First-year seminar which focuses on the application and analysis of psychological theory to popular films in a thought provoking and relationship building setting.

Introductory Psychology (Honors), 2007-2011

Small honors section of Introductory Psychology, primarily for students who have experience in psychology in high school courses. This course emphasizes critical analysis of scientific data and conclusions.

The Self (Honors) 2007-2011

Honors seminar that explores the role of the self in social psychology, with a particular emphasis on both the historical perspective as well developing new research questions on the topic of the self.

Intergroup relations and Culture: From Nola to Sydney & Internship in Psychology 2009 – 2011

A summer service-learning international program in which we travel to Australia for three weeks. I acted not only as the instructor but also the program coordinator and trip supervisor. As part of the course 20-40 hours of community service was required.

Healthy consumers, healthy choices: An advanced Seminar in Social Psychology 2010-2011

Interdisciplinary seminar on understanding influences on health decisions. This seminar was team taught by individuals from business, psychology, public health, and the medical school.

Moral Psychology, 2011

An honors seminar, co-taught with a faculty member in philosophy, the main focus of this course was exploring questions of morality from an interdisciplinary focus.

Mentoring

Honors theses supervised:

I have supervised 16 honors students, averaging one per year. I work very closely with each of my students to develop a high-quality empirical study. Overall, my primary goal is to mentor students to become acquainted with all aspects of the research process including background research, conceptualization and operationalization, and then data analysis and scientific communication. I strive to promote a balance between independence and collaboration in order to best prepare students for graduate school and beyond.

Honors thesis students: Kate Black (2008), Jeremy Eberle (2008), Megan Newhouse (2008), Spencer Marr (2009), Kristie Vail (2009), Lauren Peterson (2010), Adam Deming (2010), Stephany Molina (2011), Megan McCartney (2012), Ayesha Sujana (2012), Paula Lopez-Gamundi (2012), Sofia-Jeanne Roggeveen (2013), Marcy Cohen (2015), Abrania Marrero

(2018), Eliza Gross (2022), Amanda Schaller (2023), Leila Warner (2025), Emma Menard (Dec 2026).

Honors thesis, second reader:

I have been a second reader on 36 honors theses in psychology, averaging 2-3 students per year. As a second reader, I advise students throughout the development of their projects and I aim to provide assistance with issues of design, provide insights and advice with understanding data and conclusions, and give feedback on writing throughout the project.

Honors thesis, third reader:

I have been a third reader on 13 honors theses in areas outside of psychology (including Cellular and Molecular Biology, Sociology, Business, Theater, and English), averaging about one student per year. As a third reader, I not only provide feedback about thesis document throughout the process, but I also offer outside perspective on the topic to help students see beyond their major discipline and understand the interconnectedness of different fields of study.

Dissertation committees served on: Devon Wallace (2007), Alison Blodorn (2013), Sally Merritt (2020), Danica Kulibert (2023)

Masters' thesis committees served on: Justin Kordys (2010), Amanda Borja (2012), Christopher Burchett (2012), Lauren Peterson (2012), Trenesha Hill (2013), Meagan Magaldi (2017), Maya Cohen (2020), Caley Lowe (Dec 2023)

Awards received by undergraduates that I supervised:

The awards listed are specifically related to the work the student has done as part of my lab and under my direct supervision.

- Jeremy Eberle, Lurcy Grant, 2007 - Research Grant to facilitate honor thesis research
- Sarah Javier, Newcomb Travel Grant, 2010 - Travel Grant for presentation at SPSP
- Lauren Peterson, Senior Scholar in Psychology, 2010
- Stephany Molina, Hartman Award in Psychology, 2011
- Ayesha Sujana, Anne M. McPherson Award, 2012
- Sofia-Jeanne Roggeveen, Newcomb Travel Grant, 2013 - Travel Grant for presentation at SPSP
- Sofia-Jeanne Roggeveen, Aaron Hartman Award in Psychology, 2013
- Marcy Cohen, Anne M. McPherson Award, 2014
- Marcy Cohen Newcomb Travel Grant, 2015 - Travel Grant for presentation at SPSP
- Abrania Marrero, Newcomb Travel Grant, 2018 - Travel Grant for presentation at SPSP
- Abrania Marrero, Senior Scholar, 2018
- Eliza Gross, Aaron Hartman Award in Psychology, 2022
- Leila Warner, McPherson Travel award, 2024 (for spring travel 2025)

Leadership Roles and Experience

Associate Chair of Psychology (2024-present): As Associate Chair of one of the largest academic departments at Tulane University, I assist the chair in departmental decision making, conflict resolution, and organization.

Director of Undergraduate Studies in Psychology (2023-present): As Director of Undergraduate Studies, I oversee the undergraduate curriculum, learning objectives, and

course requirements for both the major and minor (one of the largest at Tulane) and I act as Chair of the Undergraduate Studies Committee and serve on the department's EDI council.

Faculty in Residence (2014-2020): As Faculty in Residence, I worked closely with the Honors Program and Residential Life to develop a curriculum for First-Year Honors students to incorporate scholarly coursework with Residential Life through programming, events, faculty involvement, and colloquium courses.

Fellowships and Faculty Lead Positions (various): In these multiple roles, I engage with and mentor students outside of the classroom. I have been very active in these roles which involve program and event planning, budgeting, connecting with various personnel, and program assessment as well as actively engaging with students on a regular basis. These include: *Scholar Society Faculty Lead* (2021-present), *Wall Faculty Fellow* (2010-2012), *Weatherhead Faculty Fellow* (2011-2014), and *Scholar Society Faculty Lead* (2021-present).

Task Force and Committees (various): I have been active on various committees and have engaged with faculty and staff in action-oriented ways to develop assessments, explore data, write reports, and develop recommendations in a variety of domains. These include *Undergraduate Studies Committee* (2013-present, current Chair) *Psychology EDI Committee* (2021-2023, 2022-2023 as Chair), *University Senate* (2022-present), *Honors Thesis Task Force* (2021-2022), *Committee on the Impact of Covid on Faculty Experiences* (2020-2021), *TIDES Advisory Committee* (2016-2017), *CELT Advisory Board* (2014-2018), *CELT Faculty Advisory Committee* (2014-2016), *SSE PoP Advisory Committee* (2016-2021)

Awards and Fellowships

Suzanne and Stephen Weiss Presidential Fellows Award, 2024
Tulane School of Science and Engineering Teaching Award, 2022
CELT Classroom Enhancement Grant, Spring 2022
CELT Travel funding for Teaching Professors Conference, Summer 2018
CELT Classroom Enhancement Grant, Spring 2014
Newcomb Fellow Summer Research Grant Summer/Fall 2007
Travel Fellowship for HealthEmotions Symposium, Madison-Wisconsin, 2002
Travel Fellowship for Social Cognitive Neuroscience Conference, UCLA, 2001
Marie A. Center 1982 Graduate Award for Excellence in Teaching, 2001

Publications

Simon, S., Soileux, M. A., & Wyland, C. L., & O'Brien, L. T. (2022). Does he see what she sees? The gender gap in perceptions of institutional sexism. *The Journal of Social Psychology*.

Wyland, C.L. & Shaffer, E. (2019). Assessing self-esteem, in M.W. Gallagher & S.J. Lopez (Eds.) *Positive psychology assessment: A handbook of models and measures, 2nd edition*. Washington DC: American Psychological Association.

Wyland, C.L. & Forgas, J.P. (2010). Here's looking at you kid: Mood effects on processing eye gaze as a heuristic cue. *Social Cognition*, 28, 133-144.

Winton, L., Zadro, L., Richardson, R., Wyland, C. L., Oaten, M., & Jones, A. (2008). There's no aphrodisiac like loneliness: the effects of ostracism on romantic affiliation. *Australian Journal of Psychology*, 64-64.

Mitchell, J.P., Heatherton, T.F., Kelley, W.M., **Wyland, C.L.**, Wegner, D.M., & Macrae, C.N. (2007). Separating sustained from transient aspects of cognitive control during thought suppression. *Psychological Science*, 18, 292-297.

Wyland, C.L. & Forgas, J.P. (2007). On bad mood and white bears: The effects of mood state on ability to suppress unwanted thoughts. *Cognition and Emotion*, 21, 1513-1524.

Heatherton, T.F., **Wyland, C.L.**, Macrae, C.N., Demos, K.E., Denny, B.T., & Kelley, W.M. (2006). Medial prefrontal activity differentiates self from close others. *Social Cognitive and Affective Neuroscience*, 1, 18-25.

Forgas, J.P., **Wyland, C.L.**, & Laham, S.M. (2006). Hearts and Minds: An Introduction to the Role of Affect in Social Cognition and Behavior. In Forgas, J.P. (Ed.) *Affect in Social Thinking and Behavior*. (pp. 3-18). New York, NY: Psychology Press.

Moran J.M., Macrae C.N., Heatherton T.F., **Wyland C.L.** & Kelley W.M. (2006). Neuroanatomical evidence for distinct cognitive and affective components of the self. *Journal of Cognitive Neuroscience*, 18, 1586-1594.

Forgas, J.P. & **Wyland, C.L.** (2005). Affective intelligence: Understanding the role of affect in everyday social behaviour. In J. Ciarrochi, J.P. Forgas & J.D. Mayer (Eds.) *Emotional intelligence in everyday life*. (pp. 77-99). New York, NY: Psychology Press.

Banfield, J., **Wyland C.L.**, Macrae, C.N., & Heatherton, T.F. (2004). The cognitive neuroscience of self-regulation. In R.F. Baumeister & K.D. Vohs, (Eds.) *Handbook of self-regulation: Research, theory, and applications*. New York: Guilford Press.

Richeson, J.A., Baird, A.A., Gordon, H.L., Heatherton, T.F. **Wyland, C.L.** Trawalter, S. & Shelton, J.N. (2003). An fMRI investigation of the impact of interracial contact on executive function. *Nature Neuroscience*, 6(12), 1323-1328.

Wyland, C.L., Kelley, W.M., Macrae, C.N., Gordon, H.L., & Heatherton, T.F. (2003). The neural correlates of thought suppression. *Neuropsychologia*, 41(14), 1863-1867.

Heatherton, T.F. & **Wyland, C.L.** (2003). Why do people have self-esteem? *Psychological Inquiry*, 14(1), 38-41

Heatherton, T. F. & **Wyland, C.L.** (2003) Assessing self-esteem. In S. J. Lopez & C. R. Synder (Eds.) *Positive Psychology Assessment*. Washington DC: American Psychological Association.

Kelley, W.M., Macrae, C.N., **Wyland, C.L.**, Caglar, S., Inati, S., and Heatherton, T.F. (2002). Finding the self: An event-related fMRI Study. *Journal of Cognitive Neuroscience*, 14(5), 785-794.

Conference Presentations and Invited Talks

Wyland, C.L. (2025). Use of TikTok to deepen student critical thinking." 48th Annual Institute on the Teaching of Psychology, Clear Point, AL, Jan 3-6.

Wyland, C.L. (2005). "Low self-esteem and biases in the perception of threat." 34th Annual Conference of the Society for Australasian Social Psychologists, Townsville, Queensland, Australia, April 7-10.

Wyland, C.L. (2005). "Self-esteem and biases in processing threat information." Invited colloquium, University of New South Wales, March 2005.

Poster Presentations

*Warner, L. & **Wyland, C.L.** (2025). "The effect of self-efficacy and imagery on climate anxiety." 71st Annual Meeting of the Southeastern Psychology Association, Atlanta, GA, April 9-11.

Wyland, C.L., *Pilgeram, N., & *Marrero, A. (2018). "The effects of ego depletion on two forms of perspective taking" Annual Meeting of the Society of Personality and Social Psychology, Atlanta, GA, March 1-3.

*Cohen, M., Roggeveen, S.J., & **Wyland, C.L.** (2015). "The effect of failure on perspective-taking as moderated by self-esteem." 16th Annual Meeting of the Society of Personality and Social Psychology, Long Beach, CA, Feb 26-28.

Wyland, C.L., *McCartney, M., *Sujan, A., & *Roggeveen, S.J. (2013). "The relationship between use of Facebook, narcissism, empathy, and perspective-taking." 14th Annual Meeting of the Society of Personality and Social Psychology, New Orleans, LA, Jan 17-19.

*Sujan, A. & **Wyland, C.L.** (2013). "Being correct or being creative: The effect of feedback and task type on measures of well-being and motivation." Annual Meeting of the Society of Personality and Social Psychology, New Orleans, LA, Jan 17-19.

*Molina, S. & **Wyland, C.L.** (2012). "The effects of perspective taking on the ability to successfully control unwanted thoughts." 13th Annual Meeting of the Society of Personality and Social Psychology, San Diego, CA, Jan 26-28.

*Peterson, L. & **Wyland, C.L.** (2011) "The effects of ego depletion on perspective-taking." 12th Annual Meeting of the Society of Personality and Social Psychology, San Antonio, TX, Jan 27-29.

*Vail, K., **Wyland, C.L.**, & *Javier, S. (2010) "The impact of self-esteem and ego threat on perspective taking." 11th Annual Meeting of the Society of Personality and Social Psychology, Las Vegas, NV, Jan 28-30.

Wyland, C.L. & *Eberle, J. (2009) "Knowing one's future self: Self-awareness and affective forecasting." 10th Annual Meeting of the Society of Personality and Social Psychology, Tampa, FL, Feb. 5-7.

Wyland, C.L., Forgas, J., & Chan, N. (2006) "On bad mood and white bears: The effects of mood state on the ability to suppress unwanted thoughts." 7th Annual Meeting of the Society of Personality and Social Psychology, Palm Springs, CA, Jan. 26-28.

Wyland, C.L., Walling, B.R., & Heatherton, T.H. (2004) "The cognitive influences of failure on self-evaluation and memory." 5th Annual Meeting of the Society of Personality and Social Psychology, Austin, TX, Jan. 30-31.

Wyland, C.L., Kelley, W.M., Macrae, C.N., & Heatherton, T.F. (2003) "Is your best friend more like you or the president?" American Psychological Society, Social Cognitive Neuroscience Special Section, Atlanta, GA, May 29-June 1.

Wyland, C.L., Kelley, W.M., Macrae, C.N., & Heatherton, T.F. (2003) "Is your best friend more like you or the president?" 10th Annual Meeting of the Cognitive Neuroscience Society, New York, April 1-3.

Wyland, C.L., Heatherton, T., & Blowe, S. (2003) "Self-esteem and the self referential effect in memory" 4th Annual Meeting of the Society of Personality and Social Psychology, Los Angeles, CA, Feb. 6-8.

Wyland, C.L., Heatherton, T.F. & Gordon, H.L (2002) "Directed not-thinking: Neural correlates of thought suppression." 3rd Annual Conference of the Society for Personality and Social Psychology, Savannah, GA, Jan 31-Feb 3.

Wyland, C.L. & Heatherton, T.F. (2001). "Self-regulation and the central executive." 2nd Annual Conference of the Society for Personality and Social Psychology, San Antonio, TX, February 1-3.

**Denotes undergraduates that I supervised.*

Professional Memberships and Committees

Society for Personality and Social Psychology

Society for the Teaching of Psychology

Service

Departmental

Associate Chair, psychology, 2024-present

Undergraduate Studies Committee, 2013-2022, 2023-present; Chair & Director (present)

Search Committee (departmental chair position), 2025-2026

Equity, Diversity, and Inclusion Committee, 2021-2023; Chair (2022-2023)

Chair of the Awards Committee, 2015-2021

Colloquium Committee, 2009-2013; 2018

Technology Committee, 2008- 2011

Major Advising for approximately 45 students per year

Write letters of recommendation for 25-35 students per year

University

SSE Major Advising Committee 2024-present

SoTL Faculty Fellow (Celt) 2024-present

University Senate 2022-present

First Year Scholar Society Faculty Lead 2021-present

Honors Thesis Task Force 2021-2022

Committee on the Impact of Covid on Faculty Experiences 2020-2021

First-Year Faculty Fellow, 2020-2021

Newcomb Alumni Associate Awards Committee, 2020-2021
Faculty in Residence Wall Residential Hall 2014-2020
SSE PoP Advisory Committee 2016-2021
CELT Advisory Board 2014-2018
TIDES Advisory Committee 2016-2017
CELT Faculty Advisory Committee 2014-2016
Newcomb Faculty Fellow (Newcomb College Institute), 2007-present
Girls in Stem at Tulane (GiST) – workshop coordinator 2012-2014
Wall Faculty Fellow, 2010-2012
Weatherhead Faculty Fellow, 2011-2014