

# Carrie Lynn Wyland

Psychology Department  
School of Science and Engineering  
Tulane University  
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## Academic Appointments

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### Tulane University

Professor of Practice

August 2006 – present

### University of New South Wales

Post-doctoral fellow

August 2004 – July 2006

Supervisors: Joseph Forgas and Bill von Hippel

## Education

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### Dartmouth College

September 1999 – June 2004

Ph.D., Psychology

Dissertation: *Self-esteem and biases in the processing of threat and rejection stimuli*

Graduate Advisor: Todd F. Heatherton

### Case Western Reserve University

B.A., *magna cum laude*, Psychology and English

August 1995 – May 1999

## Research Interests

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The role of the self in information processing, namely biases underlying self-esteem

Influences on perspective taking and emotion-reading

Cognitive processes underlying self-regulation

Social cognitive neuroscience of the self, social behavior, and judgments

## Teaching and Mentoring

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### Courses taught

- Experimental Psychology, 2006-2010.
- Introductory Psychology (honors), 2007-2010.
- The Self (honors seminar) *Lecturer*, 2007-2010.
- Introduction to Social Psychology, 2008-2010
- Intergroup relations and Culture: From Nola to Sydney & Internship in Psychology (*Lecturer, program coordinator, and trip supervisor*), Summer 2009 and 2010
- Advanced Seminar in Social Psychology (A. Freeman School of Business), 2010
- Family Psychology, 2006.

### **Honors Theses Supervised:**

- Kate Black, 2007-2008
- Jeremy Eberle, 2007-2008
- Megan Newhouse, 2007-2008
- Spencer Marr, 2007-2009
- Kristie Vail, 2008-2009
- Lauren Peterson 2009-2010
- Adam Deming 2009-2010
- Stephany Molina, 2010-2011
- Megan McCartney, 2011-
- Ayesha Sujana, 2011-

### **Award received by undergraduates:**

- Jeremy Eberle, Lurcy Grant, 2007 - Research Grant to facilitate honor thesis research
- Sarah Javier, Newcomb Travel Grant, 2010 - Travel Grant for poster presentation at the 11<sup>th</sup> Annual SPSP conference
- Lauren Peterson, Senior Scholar in Psychology, 2010
- Stephany Molina, Hartman Award in Psychology

### **Publications**

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**Wyland, C.L.** & Forgas, J.P. (2010). Here's looking at you kid: Mood effects on processing eye gaze as a heuristic cue. *Social Cognition, 28*, 133-144.

Mitchell, J.P., Heatherton, T.F., Kelley, W.M., **Wyland, C.L.**, Wegner, D.M., & Macrae, C.N. (2007). Separating sustained from transient aspects of cognitive control during thought suppression. *Psychological Science, 18*, 292-297.

**Wyland, C.L.** & Forgas, J.P. (2007). On bad mood and white bears: The effects of mood state on ability to suppress unwanted thoughts. *Cognition and Emotion, 21*, 1513-1524.

Heatherton, T.F., **Wyland, C.L.**, Macrae, C.N., Demos, K.E., Denny, B.T., & Kelley, W.M. (2006). Medial prefrontal activity differentiates self from close others. *Social Cognitive and Affective Neuroscience, 1*, 18-25.

Forgas, J.P., **Wyland, C.L.**, & Laham, S.M. (2006). Hearts and Minds: An Introduction to the Role of Affect in Social Cognition and Behavior. In Forgas, J.P. (Ed.) *Affect in Social Thinking and Behavior*. (pp. 3-18). New York, NY: Psychology Press.

Moran J.M., Macrae C.N., Heatherton T.F., **Wyland C.L.** & Kelley W.M. (2006). Neuroanatomical evidence for distinct cognitive and affective components of the self. *Journal of Cognitive Neuroscience, 18*, 1586-1594.

Forgas, J.P. & **Wyland, C.L.** (2005). Affective intelligence: Understanding the role of affect in everyday social behaviour. In J. Ciarrochi, J.P. Forgas & J.D. Mayer (Eds.) *Emotional intelligence in everyday life*. (pp. 77-99). New York, NY: Psychology Press.

Banfield, J., **Wyland C.L.**, Macrae, C.N., & Heatherton, T.F. (2004). The cognitive neuroscience of self-regulation. In R.F. Baumeister & K.D. Vohs, (Eds.) *Handbook of self-regulation: Research, theory, and applications*. New York: Guilford Press.

Richeson, J.A., Baird, A.A., Gordon, H.L., Heatherton, T.F. **Wyland, C.L.** Trawalter, S. & Shelton, J.N. (2003). An fMRI investigation of the impact of interracial contact on executive function. *Nature Neuroscience*, 6(12), 1323-1328.

**Wyland, C.L.**, Kelley, W.M., Macrae, C.N., Gordon, H.L., & Heatherton, T.F. (2003). The neural correlates of thought suppression. *Neuropsychologia*, 41(14), 1863-1867.

Heatherton, T.F. & **Wyland, C.L.** (2003). Why do people have self-esteem? *Psychological Inquiry*, 14(1), 38-41

Heatherton, T. F. & **Wyland, C.L.** (2003) Assessing self-esteem. In S. J. Lopez & C. R. Synder (Eds.) *Positive Psychology Assessment*. Washington DC: American Psychological Association.

Kelley, W.M., Macrae, C.N., **Wyland, C.L.**, Caglar, S., Inati, S., and Heatherton, T.F. (2002). Finding the self: An event-related fMRI Study. *Journal of Cognitive Neuroscience*, 14(5), 785-794.

## **Conference Presentations and Invited Talks**

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**Wyland, C.L.** (2005). "Low self-esteem and biases in the perception of threat." 34<sup>th</sup> Annual Conference of the Society for Australasian Social Psychologists, Townsville, Queensland, Australia, April 7-10.

**Wyland, C.L.** (2005) . "Self-esteem and biases in processing threat information." Invited colloquium, University of New South Wales, March 2005.

## **Poster Presentations**

\*Peterson, L. & **Wyland, C.L.** (2011) "The effects of ego depletion on perspective-taking." 12<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology, San Antonio, TX, Jan 27-39.

\*Vail, K., **Wyland, C.L.**, & \*Javier, S. (2010) "The impact of self-esteem and ego threat on perspective taking." 11<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology, Las Vegas, NV, Jan 28-30.

**Wyland, C.L.** & \*Eberle, J. (2009) "Knowing one's future self: Self-awareness and affective forecasting." 10<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology, Tampa, FL, Feb. 5-7.

**Wyland, C.L.**, Forgas, J.P., & Chan, N. (2006) "On bad mood and white bears: The effects of mood state on the ability to suppress unwanted thoughts." 7<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology, Palm Springs, CA, Jan. 26-28.

**Wyland, C.L.**, Walling, B.R., & Heatherton, T.H. (2004) "The cognitive influences of failure on self-evaluation and memory." 5<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology, Austin, TX, Jan. 30-31.

**Wyland, C.L., Kelley, W.M., Macrae, C.N., & Heatherton, T.F. (2003)** "Is your best friend more like you or the president?" American Psychological Society, Social Cognitive Neuroscience Special Section, Atlanta, GA, May 29-June 1.

**Wyland, C.L., Kelley, W.M., Macrae, C.N., & Heatherton, T.F. (2003)** "Is your best friend more like you or the president?" 10<sup>th</sup> Annual Meeting of the Cognitive Neuroscience Society, New York, April 1-3.

**Wyland, C.L., Heatherton, T., & Blowe, S. (2003)** "Self-esteem and the self referential effect in memory" 4<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology, Los Angeles, CA, Feb. 6-8.

**Wyland, C.L., Heatherton, T.F. & Gordon, H.L (2002)** "Directed not-thinking: Neural correlates of thought suppression." 3<sup>rd</sup> Annual Conference of the Society for Personality and Social Psychology, Savannah, GA, Jan 31-Feb 3.

**Wyland, C.L. & Heatherton, T.F. (2001).** "Self-regulation and the central executive." 2nd Annual Conference of the Society for Personality and Social Psychology, San Antonio, TX, February 1-3.

*\*Denotes undergraduates that I supervised.*

## **Awards and Fellowships**

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Marie A. Center 1982 Graduate Award for Excellence in Teaching, 2001  
Travel Fellowship for Social Cognitive Neuroscience Conference, UCLA, 2001  
Travel Fellowship for HealthEmotions Symposium, Madison-Wisconsin, 2002  
Newcomb Fellow Summer Research Grant Summer/Fall 2007

## **Professional Memberships and Committees**

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Society for Personality and Social Psychology  
Ad-hoc reviewer for *Self and Identity*; *Journal of Personality and Social Psychology*; *Journal of Experimental Social Psychology*; *Cognition and Emotion*; *NSF*

### **Tulane University**

Newcomb Faculty Fellow (Newcomb College Institute)  
Wall Faculty Fellow (Wall Residence Hall program)